

Both Sides Now!

by John Bowen



WEST VANCOUVER SOCCER CLUB

SIDELINES

Yes, it is true. Ambleside E is finished and we now have to two superb artificial turf fields on which to play this upcoming season. Those are not the two sides however, to which the headline refers. In case you have not heard, the U11 Community Cups for both girls and boys were won by West Vancouver teams this spring. Well done WV Rockies (girls) and WV Rockets (boys)! *continued on p.2 –Both Sides Now!*



BU11 Rockets coach Sarah Ostler watches as gold medals are presented to her players. GU11 WV Rockies coach David Thistle and daughter, Carling with her gold medal. West Vancouver teams won both the boys' and girls' U11Community Cups in 2004
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...Both Sides Now (continued)

Sarah Ostler was the coach of the victorious WV Rockets and she has coached the boys since U7. Winning the U11 Community cup was the crowning moment for Sarah and the boys.

The victory was hard won. The Rockets had won and lost about the same proportion of games throughout the regular season.

The final game of the Community Cup was played against the Lynn Valley Superchargers at Mahon on Saturday March 6, 2004. The game was tied 1:1 at half time. The Lynn Valley team scored a goal early in second half. WV hearts sank. But the Rockets rallied and scored two goals. Final score 3:2 for West Vancouver.

Sarah credits the win to shooting practice just before the cup series. She put blue tarps over the right and left sides of the goal to encourage players to avoid kicking at the GK. They loved the “whacking” noise of the ball hitting the tarps.

David Thistle was the coach who led Rockies, the WV U11 girls who won the Community Cup. He said the team won though a true team effort throughout entire season.

Three girls attended goalie clinic when



WV Rockets, Sarah Ostler's 2004 boys' U11 Community Cup winners

it was offered, which resulted in the team having superior goaltending. Defence including the team's tiny sweepers became impassable. Many other teams commented on how tough they played.

“Midfielders were our strength” David said, “creating passing, give and goes, like no other team. Forwards exhibited skilled play, quick feet, moves that impressed everyone.”

David attributes the team's win to many factors, but mostly to the fact

that the “Rockies played with more HEART, more CONFIDENCE, and had more FUN than the competition.”

The Rockies won one game with only ten players. They beat a top-ranked team, the Shadows in the semi-final. The final was a tough game against the NSGSC Explosion. The Rockies scored a goal in the first half and defended their lead in the second half to win the cup 1:1.

David thanks Jesse Symons for his excellent work with the girls during spring break.. WVSC has seen Jesse and Jammer's handprints on a lot of its recent successes.

In the last few years we have seen West Vancouver divisional teams do very well against other club teams. Some won or came close to winning the league, the Coastal Cup, Provincial Cup and Inter-district Cup.

Those who might have suspected that our recent divisional successes were due to our having uncommonly good players in one or two particular years, or that the strength was confined to one gender, can take encouragement from the fact that the upcoming crop of boys' and girls' divisional players are every bit as strong as their predecessors. ⚽



WV Rockies, David Thistle's 2004 girls' U11 Community Cup winners

Busy Awards Night 2004

By John Bowen

Awards night is always a cheerful event for WVSC and this year's celebration of successes was as busy as it gets. Hundreds of trophies and medals were awarded to deserving teams players, coaches and managers.



Three WV teams received awards for coming first or second at the provincial finals in July 2003. They were:

- GU-12 WV Tsunami - Provincial Champion Nike Provincial Premier Cup 2003
- GU-12 WV Breakers - Provincial Runner-up Nike Provincial Premier Cup 2003
- GU-15 West Van Surf - Provincial Runner-up Provincial Challenge Cup 2003

Many teams won awards for League or Cup play during the 2003-2004 season.

LEAGUE WINNERS 2003-2004

- Girls 5 District League Champion - U15 Silver B3 WV Destiny
- Girls 5 District League Champion - U14 Silver A WV Ryders
- Girls 5 District League Champion - U13 Gold 1 WV Tsunami
- Girls 5 District League Champion - U12 Silver A WV Devils
- Boys 4 District League Champion - U18 Silver 1 WV Spuraways
- Boys 4 District League Champion - U17 Gold 1 WV Spuraways

- Boys 4 District League Champion - U17 Silver 2 WV Strikers
- Boys 4 District League Champion - U15 Silver 1 WV Cougars
- Boys 4 District League Champion - U14 Gold 1 WV Spuraways

COMMUNITY CUP WINNERS 2003-2004

- Community Cup Champion - Girls U11 WV Rockies
- Community Cup Champion - Boys U11 WV Rockets

INTER-DISTRICT CUP 2003-2004

- Girls 5 District Inter-District Cup_Finalist - U18 Gold WV Velocity
- Girls 5 District Inter-District Cup Champion - U15 Gold WV Surf
- Boys 4 District Inter-District Cup - Commonwealth Cup Champion - U18 Silver 1 WV Spuraways



- Boys Provincial B Cup District Champion - U17 Gold WV Spuraways
- Boys Provincial B Cup District Champion - U14 Gold 1 WV Spuraways
- Girls 5 District Coastal Classic Silver A Cup District Champion - U17 Silver A WV Allstars
- Girls 5 District Coastal Classic Silver A Cup District Champion - U14 Silver A WV Blaze
- Girls 5 District Coastal Classic Silver A Cup Finalist - U17 Silver A WV Allstars
- Boys Silver Cup Champion - U18 Silver 1 WV Spuraways
- Boys Silver Cup Champion - U17 Silver 2 WV Strikers
- Boys Silver Cup Champion - U15 Silver 1 WV Cougars
- Girls 5 District Coastal Classic Silver B Cup District Champion - U18 Silver B WV Marauders
- Girls 5 District Coastal Classic Silver B Cup District Champion - U15 Silver B WV Destiny

Every divisional team coach was asked to pick a player *of the year*.. These players each received a trophy at Awards Night. Some coaches selected two players. Unfortunately, space does not allow us to list these here.

PROVINCIAL CUP 2003-2004

- Girls Provincial B Cup District Champion - U18 Gold WV Velocity
- Girls Provincial B Cup District Champion - U15 Gold WV Surf
- Girls Provincial B Cup District Champion - U13 Silver A1 WV Titans
- Girls Provincial B Cup District Champion - U12 Silver A WV Devils




It is a special honour to receive one of WVSC's perpetual awards. These are awards for special performance in various categories and are given each year for recipients selected from the whole membership.

PERPETUAL AWARDS 2003-2004

- Bob McGowan Memorial Trophy - Most Sportsmanlike Player - Laura Ryan, U13 Silver A Titans
- Morgan Backhouse Memorial Trophy - Most Dedicated Player - Lily Close-Harmata, U15 Gold Surf
- Max Lennox Memorial Trophy (male) - Most Inspirational Player - Lucas Harle, U17 Gold Spuraways
- Max Lennox Memorial Trophy (female) - Most Inspirational Player - Karmen DeCamillis, U17 Silver A Allstars
- Nigel Lankester Memorial Trophy - Most Improved Team - U16 Silver A Wildcats, Coached by Stephanie Gibson
- Gayle Fetterley Memorial Trophy - Outstanding Manager (new) - Louise Newman, BU 16 Eagles
- Keith Stott Memorial Trophy - Coach of the Year - Ernie Bodie, GU18 Marauders

Ernie Bodie and Soren Hammerberg have coached WV teams for many years. They were thanked for their great service to the community. And finally, Rob Lennox who has served on WVSC's board since 1991 was recognized for his service to the club. Rob was elected president of North Shore District this year.

Well done all! 

Post Enlightenment : D-lights set Neighbours A-light

By John Bowen

West Vancouver District showed wisdom when it opted for a state-of-the-art lighting system for the new turf at Ambleside D and E. When WV District staff went to check how the new lights worked from the perspective of neighbours' homes, they were pleased to see that the new fields were well lit, but that the tall light posts and calibrated deflectors ensured light did not spill over to where it was not wanted. *(for a description of the new lighting system see "Effective, Efficient and Empathetic Lighting" in the Winter 2003 edition of Sidelines at www.westvansoccer.com)*

The new lights at D and E looked so good that they made the older lights at Ambleside A look bad. The neighbours, after many years of looking at a local fixture, suddenly saw Ambleside A in an altogether new light. The lights at A were installed in November 1993 and WVSC contributed to the cost of their purchase and installation.

Having heard the neighbours' concerns about the lights at A, the District approached WVSC with some possible remedies. One possibility is to replace the lights with new and better ones, at significant cost. The District also suggested that we consider moving practices to an alternative field.

Having experienced how difficult it was to get lights installed and to use them at West Bay, we have to ask "WHERE?" WVSC wants to be fair and considerate to neighbours, but 2,000 WV soccer-playing kids need suitable fields on which to practice. Presently, we see no acceptable alternative to Ambleside A.

WVSC Board have met and exchanged letters with the District and we are making an earnest effort to find a suitable solution. We will keep you posted of developments as they occur.



New WVSC Website makes 2004-2005 Registration Smoother

By John Bowen

For the first time ever, West Vancouver Soccer Club players registered for the upcoming season on-line at www.westvansoccer.com. It took a while for us to fully trust the new system and we still have some details to work out, but in general, it made for a much smoother and easier process for the club and for parents registering players.

Processing payments, entering data from handwritten forms and dealing with NSF cheques takes an inordinate amount of staff time and our registrar, Julie Walker, looks forward to leaving all that behind her.

There will always be a need for some direct involvement and there are people who do not want to use credit cards on-line. However, the club will be encouraging as many people as possible to register on-line in future.

Tryouts this year were another immediate beneficiary of on-line registration. The long-lineups at the clubhouse to register for tryouts were eliminated, thanks to on-line registration for tryouts.

Our new website has many other benefits which we are yet to utilize. Keep checking www.westvansoccer.com. It is our most important means of communicating with WVSC members.



The Soccer Lifecycle: A Primer for New Soccer Parents

By John Bowen

So your son or daughter just started soccer in West Vancouver and you wonder what you are in for. I can tell you certainly, that you will do thousands of miles of additional driving, spend many weekends and evenings between September and March huddled under an umbrella, with wet and cold feet and you will do a lot more laundry.

For your trouble, your child will have more fun and learn more life lessons than you can likely provide in any other way. Soccer does not only get kids outside in the winter and provide them with important exercise. Soccer teaches responsibility to peers, the value of friendship, compromise and balancing competitive instincts with other important objectives. Youth community soccer helps to build successful citizens.

West Vancouver Soccer Club began in 1925 and we have coaches who themselves started playing soccer as young kids in West Vancouver. It all starts at about five years old.

Street Soccer Program (Kindergarten to Grade 1)

Five and six year olds love to kick a ball with their friends and the current thinking is that at this age it is best to capitalize on this phenomenon and not risk extinguishing the fun factor with too many rules and too much instruction. So the first year of soccer (U6) in West Vancouver is mostly supervised fun, playing three and four a side games and getting acquainted with the rudimentary aspects of soccer. Staff coaches provide coaching and facilitation of games.

Be prepared for very informal instruction and lots of playing time. This first year is scary for some players, while exciting for others. The staff coaches work hard to make it an enjoyable experience for all players. However, players should be prepared to play with different kids from within their larger "team" each Saturday.

For more details visit "pee-wee soccer" on www.westvansoccer.com.

Parents should encourage and not coach from the sidelines. Cheer them on! Shin pads are mandatory and cleats are strongly recommended. Remember to bring a water bottle and a small snack to each game. Most games go rain or shine. Kids don't mind the rain as much as the parents do.

By U7 we start to form teams of up to twelve players and introduce parent coaches and managers to work with staff coaches and run mid-week practices. The games are still only four a side, with the introduction of a goalkeeper. Though teams are formed players are still mixed up for games each Saturday. Parent coaches focus on skills during practices while Saturday games remain informal. For more details visit "pee-wee soccer" on www.westvansoccer.com.

More Advanced Pee-Wee (Grades 2 to 4)

Competitive soccer starts in earnest in U8. Teams are formed, usually by clustering kids by school and neighbourhood. We try to avoid having single-school teams, as there are advantages to kids having friends in more than one place.

Games are six-aside, which allows lots of contact with the ball and opportunities to rest, between spurts on the field. Your kid's team will play on Saturdays against U8 teams from North Vancouver and other WV teams. You will get to know the gravel patches of the North Shore very well. Keep a map book in your car.

Typically, U8 girls' and boys' teams are heterogeneous, in every aspect. Some kids show right away. Others take longer. Parents who have seen it all before know better than to conclude at this age who the strong players are and who are not. Attitude is a better indicator of future prospects than goals scored.

Between U8 and U11 some kids leave the team and others join it, but for the most part, the players and parents become cohesive and friendly. The coach teaches, gives all players plenty of play time and rotates all players

though all positions over the course of the season.

By U9 most players know as much about soccer rules as many parents. After Christmas, they get introduced to the off-side rule.

U10 is a significant step up. Teams on the North Shore go from playing six a side to nine a side. Players develop a greater sense of positions and team inter-dependence. It becomes more difficult for individual players to repeatedly score goals. Some kids find this transition more difficult than do others. But this is just a prelude to bigger transitions, soon to come.

At the end of the regular season in early March, WV U10 players who are keen enough have an opportunity to play more soccer at a higher level on a development team. These teams that play in tournaments from March to June, are formative and set the foundation for competitive soccer in later years.

U11 - The Transition Year (Grade 5)

The players who participated on U10 development teams are expected to return to their regular (now U11) peewee teams in the fall and help the rest of the team advance their overall level of team play. U11 is the last year of non-selective teams. In the spring of the U11 year, players can tryout for gold and silver U12 teams.

WVSC provides camps and extra staff coaching support during the U11 year. Especially important are the free skills camps held over spring break.

The end of U11 is both a happy and a sad time. Kids and parents who have got to know each other well over four or five years realize that an era is over and players will go to different teams, depending on their strengths in and commitment levels to soccer.

U12 – The Big Shift to Divisional Soccer (Grade 6)

There is always anxiety surrounding the U12 tryouts. In fact, while it is possible for a keen player to have a bad tryout and not make the team he or she should be on, it is a rare occurrence. Some weight is given to coach's evaluations and other factors. And even if a player does not achieve the

level they want in U12, tryouts are used to assemble teams in U13 all the way to U18. Every spring presents a fresh opportunity. (see “Precious Cargo to Precious Metals” in the Spring 2003 issue of *Sidelines* on www.westvansoccer.com.)

Most players find that they have more fun playing with players of comparable skill and commitment level. Stronger players are challenged more at the Gold level and Silver-B (girls) and Bronze (boys) players suddenly have the ball for more of the game.

U12 teams play teams at the same level from various parts of the Lower Mainland. Teams are not seeded at U12, but are grouped geographically. WV teams usually play teams clustered near Highway 1. Results of league games are posted on www.youthsoccerbc.com.

In addition to league play, there are various cup series. WV U12 teams usually do well in cup competition. Inter-District Cup, Coastal Cup, Provincial Cup competition differs at all levels and for boys and girls and you can understand it by visiting www.youthsoccerbc.com and www.bcsoccer.net, from October on.

Starting in about November, BC Soccer Association starts its tryout process for the U12 girls’ and boys’ Provincial Academy teams. Check out www.bcsoccer.net for details.

U13 – Another Transition Year (Grade 7)

U13 teams typically see some changes after tryouts, but have many of the same players as they did in U12. This is usually true in other parts of the Lower Mainland too. League play in U13 therefore, is seeded and grouped according to U12 league play results. This often means you will drive further to some games than you did in U12.

Starting in about November, BC Soccer Association starts its tryout process for the U13 girls’ and boys’ Provincial Academy teams. Check out www.bcsoccer.net for details. An alternative to the Provincial Academy team is the North Shore Intra-Provincial (IPL) team. Information about the tryout process for the IPL team will likely be posted on the BC Soccer site as well as on the North

Shore Soccer Development Centre site <http://www.nssdc.net>.

At the end of U13, teams are once again dismembered and reconstituted. Tryouts are held for Metro teams. WV has U14 and U15 Metro teams presently, but no others. WV boys at U14 and above and girls from U16 and above who want to play at the Metro level must play for teams sponsored by other North Shore clubs. WV players can tryout for WV U14 and above gold and silver teams.

U14 to U18 Soccer

Players who make Metro teams are expected to make soccer their main sport. *Development* is the main objective of all but metro teams (see “Bench it Like Beckham” in *Sidelines* Winter 2003 issue on www.westvansoccer.com). Metro teams are elite units that play to win. Playtime, positioning are governed as much by situational expediency than by player development considerations. Metro players take on a large responsibility, including principal onus for their own development.

U14 allows some U13 Silver players with promise to play Gold and some Gold players to develop into potential Metro players in U15 or later. Some players find that the commitment required at Metro is more than they are prepared to give one sport and play at another level or sometimes (regrettably) quit soccer. So there is usually a significant amount of movement between teams and levels from U14 to U18.

Provincial teams in U14 and U16 get to play in national competitions and BC team players get an opportunity to be identified for possible selection for national teams. So the interest in trying out for the BC provincial teams is high at these age groups. Starting in about November BC Soccer Association starts its tryout process for the U14 and older girls’ and boys’ Provincial teams. Check out www.bcsoccer.net for details. Two excellent alternatives to the Provincial teams are the “Whitecaps Super Y teams” and the North Shore Intra-Provincial (IPL) teams. Information about the tryout process for the IPL team will likely be posted on the BC Soccer site as well as on the North

Shore Soccer Development Centre site <http://www.nssdc.net>. Information about the Whitecaps program can be found on www.whitecapsoccer.com.

U12 to U18 Bronze and Silver B Soccer

I’ve said enough about elite and highly competitive divisional soccer. WVSC also has many players who enjoy playing soccer every year without ever trying out. It is not necessary for kids who want a broader mix of priorities to give up soccer. Metro, Gold and Silver teams demand a lot of player’s time and commitment. Bronze (boys) and Silver-B (girls) allow participation at a more relaxed level. No tryouts are held for these teams, though players are still expected to show a sense responsibility to their coach and teammates.

Soccer is Not All About Winning

West Vancouver Soccer Club is committed to facilitating fun and satisfying soccer to players of all skill levels. While everyone enjoys a victory, winning is desert and having fun is the main course. This is as true for metro as it is for bronze. Of course, never winning can test anyone’s sense of fun.


A large part of the enjoyment of playing soccer over time derives from a sense that one is getting better at it. Development therefore, is all important. WVSC is fortunate to have Jamshid Afshar (Jammer) as its head coach. Jammer will get to know your son or daughter and will quietly mentor him or her. Read about Jammer in “Head to Head with WVSC Head Coach” in *Sidelines* Fall 2002 issue on www.westvansoccer.com).

A Word about Soccer Parents

Parents are the backbone of West Vancouver Soccer Club. We make it possible for our players to play and as I mentioned at the beginning of this article, we are long suffering. It is important that we mature as soccer parents as our children mature as players. Every year, unpleasant incidents occur on sidelines, when over-exuberant, aggressive parents allow emotions to spill over. We must govern ourselves and other parents on our teams with the recognition that we too are teaching, as we watch.

West Vancouver Soccer Club is run by volunteer parents. If you have some soccer background, we are always in need of more good coaches.


If your kids love soccer, but you can't coach, consider being a team manager, an age group coordinator or getting elected to the board. Even just driving other people's kids to practices and games is contributing to team and club effort.

If you are a new soccer parent, welcome to the club. Wear warm socks, buy a good umbrella and get rubber mats for the back seat floor of your car. It is likely a long time before your player will be driving him/herself to play, referee or coach games. 

By John Bowenwhat again?

Yes, I am afraid so. I've been promised quality articles from some of our members, but have not received any for a while. I do not include reprinted material from other publications unless they are of particular relevance and difficult for readers to obtain elsewhere. So you will be reading more of your editor's articles in this issue than I would prefer.

If you have special knowledge or experiences that might be of interest to other members, please contact me at jgbowen@telus.net. See back issues of *Sidelines* at www.westvansoccer.com for ideas.

In future issues, I hope to include articles from Dr. Michael Dunn, a WV soccer dad and a physician. Michael has a personal and professional interest in how to avoid and deal with soccer-related injuries and on soccer kids' health generally. 

The Cost of Turf

By Claudia Sparling

Having artificial turf fields gives West Vancouver soccer a level of confidence about our ability to play in most types of weather that we never had before.


Of course, this advantage came at a cost. The District obtained the new fields from MondoTurf at an excellent price, but even so, the price was substantial. For the club has meant somewhat higher field rental costs and for our members, slightly higher fees.

Synthetic Turf Fields - Youth	
Municipality	Rate/Hour
Coquitlam	\$49.22
West Vancouver	\$26.75
North Vancouver	\$25.68
Surrey	\$24.25
Vancouver	\$20.65
Richmond	\$20.33
New Westminster	\$19.20
Port Coquitlam	\$15.52
Port Moody	\$11.24
Langley	\$8.03
Delta	\$4.28
Burnaby	\$ -
Median rate	\$19.77

West Vancouver's rate for renting turf is higher than the median, but then the turf is the best available for soccer.

I have mentioned it in earlier issues of *Sidelines*, but I must appeal once again to everyone to please help look after this fabulous facility. As remarkable as the brand new, very expensive turf fields are, they cannot grow back if it is stained or damaged.

We still find juice boxes, food wraps, popcorn and GUM all over the field. Gum is especially destructive. It is the coaches' and managers' responsibility to ensure that the two benches are cleaned up after every game.

Another reminder; Coaches and players only, are allowed on the field. Managers and parents are to stand on the walkway or the stand. Coaches and players must stay in the technical area/box. 


Attention All Team Managers

By Colin Millar

Unless you have been contacted by your age group co-ordinator with instructions to the contrary, you are to pick up your equipment on August 31 or September 1 between 7-9 p.m. The equipment being distributed is as follows:


- U8 Uniforms and 12 balls
- U9 3 balls and socks
- U10 Jerseys and socks and 7 balls
- U1 Uniforms and 4 balls
- U12 Uniforms and 4 balls
- U13 Socks and 4 balls
- U14 Socks and 7 balls
- U15-U18 Socks and 4 balls.

The equipment exchange night for changing jerseys, shorts and socks for other sizes will be held on Sept. 7 and 14 from 7-9 p.m.

This is all done at the equipment room located in the cinder block building south of the east end of Ambleside "F" (near the skateboard park). If you have special concerns about the dates please contact Cindy MacLean by e-mail at cindmac@telus.net. 

Equipment Amnesty

By Cindy MacLean

We are concerned that unused equipment is not being returned when other kids need it. If you have any uniforms, balls, cones, etc in your possession, please return them to on your team's equipment nights, or drop them at my house at 1151 Jefferson Ave., 604-926-8129.....there will be NO QUESTIONS ASKED. 

Upcoming Development Initiatives - An Overview

By John Bowen

Player and Coaching Development is a top priority for WVSC and the club has a variety of development initiatives planned for the upcoming season. Nearly all our development initiatives are deployed through our head coach, Jamshid Afshar (Jammer) and you are encouraged to contact Jammer at Jafshar@shaw.ca for details and routinely check our website www.westvansoccer.com. Bob Moles, who is a B-National coach, was recently elected to the WVSC board and is the director with main responsibility for development. He will work closely with Jammer on development initiatives. Bob's email address is bob@charter.ca

Coaching Support to all Divisional Teams – Visits to Practices

The head coach attempts to visit at least three or four practices of every divisional team in the club over the course of the season. The purpose is to provide coaching support and direction (not coaching relief). Visits are scheduled to maximize the number of visits Jammer can make.

Premier Program for Boys

The NSPPP is a soccer development program that is open to boys U13-U15 who are registered to play soccer for one of the North Shore District clubs during the 2004-05 season and have been chosen for one of their top two club select teams. See www.westvansoccer.com for details.

GirlsCan for Girls

In recognition that women coaches are under-represented in youth soccer and that there is potential advantage in exposing WVSC's girls to highly successful woman soccer players, the Club, through Jammer, is arranging for "GirlsCan" to guest-coach a couple of practices this season for as many divisional girls' teams as possible. Some of the GirlsCan's members are; Ciara McCormack who won a soccer scholarship to Yale and is playing pro soccer in Europe; Ros Hicks who is a UBC soccer superstar and Erin McLeod Canada's outstanding goalkeeper.

After School Program for U10, U9 and U8's:

Start date – mid September
For further Information contact Jesse Symons at jsymons8@hotmail.com
OR Matt Walker at 604-926-2971

U11 Boys and Girls Pre-tryout clinics:

We will hold three clinics throughout the season. First one will be in October. The other two will be in January and February. These clinics are usually held on a PD day (Fridays). All dates and times will be passed on to the appropriate U11 coordinators.

WVSC Goalkeeper Clinics:

These sessions will start mid September. They will be on Wednesdays – 6:00-7:00pm on the artificial fields

Coaching Accreditation

For the first time, Jammer will be offering truncated coaching certification courses for peewee coaches. Regular certification courses will also be offered as demand warrants. Dates and times TBA.

In addition to being WVSC's head coach, Jammer owns and operates a private soccer school called Premier Soccer Academy (PSA) in West Vancouver that offers training to soccer players throughout the year. The following are PSA's upcoming offerings.

Premier Soccer Academy (PSA) Program:

- U11 Boys (1993 and younger)
- 1 x 1.5 hour session every Friday 3:30 – 5:00 at Ambleside Turf
- U11 Girls (1993 and younger)
- 1 x 1.5 hour session every Friday 3:30 – 5:00 at Ambleside Turf
- U12 / U13 Boys - 1 x 1.5 hour session every Friday 5:15 – 6:45 at Ambleside Turf
- U12 / U13 Girls - 1 x 1.5 hour session every Friday 5:15 – 6:45 at the Ambleside Turf
- U13 Girls - 1 x 1.5 hour session every Thursday 3:30 – 5:00 at Ambleside A (Location TBD)
- U14 / U15 Girls - 1 x 1.5 hour session Saturday 9:30 – 11:00 at Hugo Ray Park (Location TBD)

For further Information contact Jammer at Jafshar@shaw.ca OR Jesse Symons at jsymons8@hotmail.com and visit PSA's website at

www.premiersoccer.ca 



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